

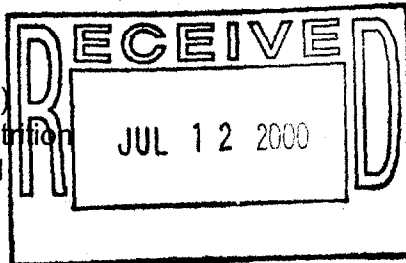


SOLGAR VITAMIN AND HERB
WORLD HEADQUARTERS

500 WILLOW TREE ROAD, LEONIA, NJ 07605 USA
PHONE 201-944-2311 FAX 201-944-7351

9724 '00 AUG -8 P2:28

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
FOOD AND DRUG ADMINISTRATION
200 C Street, S.W.
Washington, D.C. 20204



July 5, 2000

RE: Notification for Statement on Dietary Supplement
Solgar Vitamin and Herb's OPTein Natural Dietary Supplement Bar

Dear Sir/Madam:

In compliance with the Dietary Supplement Health and Education Act of 1994, Solgar Vitamin and Herb hereby makes its official notification under Section 101.93 that it has included a statement listed in Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act on its label. Accordingly, enclosed please find two (2) copies of this Notification. The following information is being provided:

The dietary supplement is being distributed by:

SOLGAR VITAMIN AND HERB
500 Willow Tree Road
Leonía, New Jersey 07605 USA

The text of the statement is:

Energy Producing
Immune Support
Stress Adaptor

"Great tasting Optein bars are ideal for boosting energy when you are on the run." "Optein's more than just an energy bar though, it's a wellness bar that helps you adapt to physical stress and helps support your immune system."

The name of the dietary supplement is:

Solgar Vitamin and Herb's OPTein Natural Dietary Supplement Bar

97S-0162

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The name of the dietary ingredients contained in Solgar Vitamin and Herb's
OPTEIN Natural Dietary Supplement Bar which are the subject of the above statement:

Lactoferrin
Zinc
Beta-glucans
Trace Minerals
Vitamin A/Beta carotene
Carbohydrates

I hereby certify that the information presented and contained in this notice is
complete and accurate, and my files contain substantiation that the statements made are
truthful and not misleading.

Thank you for your time and attention to this matter. If you have any questions,
please do not hesitate to contact the undersigned.

Very truly yours,
SOLGAR VITAMIN & HERB

Karla LaSasso
Associate, Documentation

Enclosure

Certified Mail – Return Receipt Requested